

{Buckslip. 1 Page. 8 1/2" x 11". White paper. 2/c. Outside page folded in thirds - copy in middle 1/3}

{picture of free gift}

FREE REPORT

Lose 20 pounds in 20 days in just 20 minutes a day!

Learn never before revealed secrets of Hollywoods TOP fitness experts of the Stars used to get them into camera ready shape **FAST!**
(when you try our product -- but hurry there's a limited number of copies of this report available!)

Just Imagine all of your friends asking how you dropped 20 pounds in 3 weeks and how amazing you look again with your Skinny jeans on!

{Buckslip. Unfolded - full page inside}

Imagine...

...Every woman's head turning as they admire you as you walk by at the pool with your new slim, trim, and lean body...

...What it will feel like when you slide right into your "old" clothes again...you know...the ones you'd boxed up years ago because you'd "**outgrown**" them...

...How it will feel to go to your high school or college reunion **weighing the same as you did when you graduated!**

It's true! Everyone knows that the movie stars have access to the best fitness experts in the world. The ones that can work **MIRACLES**. We've all seen them on the cover of the National Enquirer, Star Magazine, or the Globe. Don't act like you haven't at least taken a peak at those before and after pictures of stars who lost 10, 15, 20, 30 or 40 pounds only months before they were supposed to start filming a movie where they are required to be lean, buff and hard but in their before pictures they look like they've been eating donuts for breakfast, lunch, and dinner!

Remember Tom Hanks in "Cast Away"? And how sleek and trim he was standing there in his island speedos with a spear in his hand? **Well that can be you too!** We **PRIED** the secrets out of Tom's trainer that he used to get Tom into shape for that shoot! The audience **gasp**ed when that shot came up on the big screen, and so will your friends and relatives gasp when they **see the new you!**

So what was one common theme between all of these "big-star" fitness experts we interviewed that enables one to maximize weight loss? There were many, but one main thing that stood out seemed to be a combination of super charging your metabolism for extreme fat burning by exercising during certain 'peak' times of the day combined with certain foods that are known to maximize weight loss. Used together, the results are absolutely amazing!

Contained within your free copy of "**20 Workout Secrets to losing 20 pounds in 20 days in just 20 minutes per day**", will be **Revealed:**

- The 3 best times during the day to do your 20 minute workout for maximum calorie burn!
- What you actually **need to eat** 30 minutes prior to your workout to **burn extra calories**
- The single best all around exercise to do to LOSE 1 pound a day (and its **NOT** what you think)!
- The absolute one thing **THAT YOU MUST NEVER EVER EAT!** (Eating this common everyday food item is the Kiss of Death when it comes to weight loss...)

and many, many more secrets revealed...

This report is not available anywhere else...and if sold in bookstores would easily be worth \$19.95. But it is yours **FREE**, just for trying our product Foodstate Nutrients. But hurry. There is a *limited number of these reports available so ORDER TODAY!*